

MINUTES OF THE REGULAR MEETING
OF THE FITNESS ADVISORY COMMITTEE
OF THE CITY OF SUNSET HILLS, MISSOURI
HELD ON THURSDAY, JUNE 23, 2016

BE IT REMEMBERED that the Fitness Advisory Committee of the City of Sunset Hills, Missouri met at the Community Center in said City on THURSDAY, JUNE 23, 2016. The meeting convened at 6:03pm.

ROLL CALL

Gary Dolle	-Member
Kay Adams	-Member
Michelle Beauvais	-Personal Trainer
Teresa Johnson	-Recreation Assistant

APPROVAL OF THE MINUTES

Copies of the minutes of the May 26 meeting were distributed to the members for their review. Ms. Adams made a motion to approve the minutes. Ms. Johnson seconded the motion, and it was unanimously approved.

OLD BUSINESS

Ms. Johnson gave an update on the following items:

-Outdoor Gym – Ms. Johnson reported that the outdoor equipment will have surfacing installed next week and should be completed by Wednesday. Grand opening and ribbon cutting is scheduled for July 9th at 11am.

-Front Desk- Ms. Johnson reported that construction is starting June 30 and will be completed prior to July 11. Signs will be posted Friday for members.

-Scales-Ms. Johnson reported that two doctor's scales were purchased; one was broken and is being returned. The will be placed in each locker room.

Budget Items

No updates

NEW BUSINESS

-Ms. Adams asked about a Tai Chi class offering, Ms. Johnson said she would follow up with STLCC about possibly offering.

-Mr. Dolle gave positive feedback after returning to the gym from some time away that it was nice to come back to a new piece of equipment

-Treadmill- Ms. Johnson reported a new treadmill had been purchased from Star Trac as a replacement. Mr. Dolle suggested soliciting feedback on the new treadmill

-Ms. Beauvais reported an outlet cover that needed to be replaced, Ms. Johnson had reported the issue, but would follow up.

NON AGENDA ITEMS

NEXT MEETING DATE

The next meeting will be held on July 28 at 6pm.

ADJOURNMENT

Ms. Adams made a motion to adjourn the meeting at 6:19. Mr. Dolle seconded the motion, and it was unanimously approved.