

MINUTES OF THE REGULAR MEETING
OF THE FITNESS ADVISORY COMMITTEE
OF THE CITY OF SUNSET HILLS, MISSOURI
HELD ON MONDAY, FEBURUARY 13, 2017

BE IT REMEMBERED that the Fitness Advisory Committee of the City of Sunset Hills, Missouri met at the Community Center in said City on MONDAY, FEBRUARY 13, 2017. The meeting convened at 11:05 am.

ROLL CALL

Barb Scott	-Member
Mary Woods	-Member
Kay Adams	-Member
Teresa Johnson	-Recreation Assistant

APPROVAL OF THE MINUTES

Copies of the minutes of the January meeting were distributed to the members for their review. Ms. Adams made a motion to approve the minutes, Ms. Scott seconded the motion, and it was unanimously approved.

OLD BUSINESS

Ms. Johnson gave updates on the following items:

App still in approval stage with Apple, two more weeks until sent out for testing and working out bugs

Internet issues 95% fixed. Boosters were installed, and seem to be working. These boosters do not include pool, but that internet is looked at next.

Two companies being looked at for audio replacement in fitness. 1 quote is in, 1 is in progress. Many factors will be taken into with decision.

Star Trac treadmill and recumbent bike are being delivered today (2/13)

New annual membership reward system explained in January is in place. Rewards will be given out with promotions. (ie 10% off sales)

Replacement yoga mats were purchased for Group Ex. Ms. Woods brought up that she liked them, but that BOSU might be tearing and/or wearing down the mats according to an instructor. Ms. Johnson said she would look into.

Water pressure was looked at for the fountain downstairs by the water bottle filler. The pressure cannot be increased due to the nature of the lines.

Ms. Johnson reported she addressed with management the front desk issues that were brought forth from over semester break and will do so again when the time comes around.

Budget Items

None

NEW BUSINESS

Ms. Johnson reported a new evening and weekend sub has been hired for cardio classes.

Ms. Woods reported that when Molly had taught a great class on Saturday when she subbed.

A foam rolling class has been added to the schedule as a program.

NON AGENDA ITEMS

None

NEXT MEETING DATE

The next meeting is scheduled for March 13 at 11am.

ADJOURNMENT

Ms. Scott made a motion to adjourn the meeting at 11:23am. Ms. Adams seconded the motion, and it was unanimously approved.