

MINUTES OF THE REGULAR MEETING
OF THE FITNESS ADVISORY COMMITTEE
OF THE CITY OF SUNSET HILLS, MISSOURI
HELD ON MONDAY, MARCH 13, 2017

BE IT REMEMBERED that the Fitness Advisory Committee of the City of Sunset Hills, Missouri met at the Community Center in said City on MONDAY, MARCH 13, 2017 the meeting convened at 11:03 am

ROLL CALL

Gary Dolle	-Member
Barb Scott	-Member
Mary Woods	-Member
Angela Feye	-Member
Christy Schafer	-Members
Teresa Johnson	-Recreation Assistant

APPROVAL OF THE MINUTES

Copies of the minutes of the February meeting were distributed to the members for their review. Ms. Scott made a motion to approve the minutes, Ms. Woods seconded the motion, and it was unanimously approved.

OLD BUSINESS

Ms. Johnson gave updates on the following items:

App is available for download.

Both quotes are in for the new app audio, both are being examined now to determine best fit for the facility. Ms. Johnson hopes to have a decision soon; installation should go quick once it is ordered.

Correct Recumbent bike were delivered; Ms. Johnson has received very positive responses to its addition.

Shred Challenge ends tomorrow (3/14) so far, about half of the participants have chosen not to complete the challenge.

Ms. Johnson reported free week attendance was very good, all classes saw increase in numbers with the exception of spin. Katie Fechter won the class pass.

Budget Items

None

NEW BUSINESS

Ms. Johnson gave the following program updates:

Youth Strength will start up again after Spring Break, March 25th.

Foam roller class starts tomorrow, March 14th, 4 people are enrolled.

Kettlebell Class at the new time of 5:45am started last week, this is a new time slot for the class. 4 people are enrolled.

Mr. Dolle passed along a concern that a vaccum might be broken. Ms. Johnson said she would follow up.

Ms. Schafer brought up some cleaning and room temperature concerns. Ms. Johnson said she would address and add a dust pan and broom.

NON AGENDA ITEMS

None

NEXT MEETING DATE

The next meeting is scheduled for at April 10 at 11am.

ADJOURNMENT

Ms. Schafer made a motion to adjourn the meeting at 11:30am. Ms. Scott seconded the motion, and it was unanimously approved.