

MINUTES OF THE REGULAR MEETING
OF THE FITNESS ADVISORY COMMITTEE
OF THE CITY OF SUNSET HILLS, MISSOURI
HELD ON MONDAY, SEPTEMBER 10, 2018

BE IT REMEMBERED that the Fitness Advisory Committee of the City of Sunset Hills, Missouri met at the Community Center in said City on MONDAY, SEPTEMBER 10, 2018. The meeting convened at 11:02 AM

ROLL CALL

Rose Garland	-Member
Gary Dolle	-Member
Mary Woods	-Member
Teresa Johnson	-Recreation Coordinator

APPROVAL OF THE MINUTES

Copies of the minutes of the July meeting were distributed to the members for their review. Ms. Garland made a motion to approve the minutes, Ms. Woods seconded the motion, and it was unanimously approved.

OLD BUSINESS

Ms. Johnson gave updates on the following items:

Recap of building closure items.

Group Fitness had free week August 19-25. Typical free week numbers but slightly better retention.

Budget Items

None

NEW BUSINESS

Ms. Johnson gave updates on the following items:

Details for New Years fitness program are being finalized.

Purchases for rest of the year are being finalized. Will likely be small replacements and no more large equipment. Ms. Garland suggested a mirror or TV on elevator wall in weights area. Ms. Johnson said she would look into.

Upcoming programs include: Bike Cruise (October 5), Active living fair (October 12), Yoga and Wine (October 12), Yoga for Beginners (Nov 6), Turkey Trot (Thanksgiving Day).

Ms. Woods commented the triathlon was very well run, but volunteers should receive maps. Ms. Johnson noted for future planning.

Ms. Woods commented that the fitness room step stool was missing and needed to be replaced. Ms. Johnson stated she would find and replace.

Ms. Woods commented she noticed some hand prints on mirrors. Ms. Johnson said she would address with custodial staff.

Ms. Woods commented she had seen asphalt being poured on trail and inquired why the parking lot wasn't touched. Ms. Johnson explained it was a different budget, but she would pass the comment along.

Ms. Garland commented that the group that comes to wipe down the equipment is very helpful. Ms. Johnson said she would pass along.

NON AGENDA ITEMS

None

NEXT MEETING DATE

October 8 at 11am

ADJOURNMENT

Ms. Woods made a motion to adjourn the meeting at 11:32am. Mr. Dolle seconded the motion, and it was unanimously approved.